

CURRICULUM VITAE

Barbara H. Martell, M.S.Ed., M.A., M.S.
1200 Main Street
Bethlehem, PA, 18018
484-515-5687
martellb@moravian.edu

EDUCATION

2000 Master of Science in Counseling Psychology and Human Services, Chestnut Hill College, Philadelphia, PA (included an internship at the Catholic Social Agency with a concentration in marriage and family therapy)

Certificate of Advanced Study in Supervision of Spiritual Directors, Chestnut Hill College, Philadelphia, PA

1997 Master of Arts in Holistic Spirituality and Spiritual Direction, Chestnut Hill College, Philadelphia, PA (consisted of study in theology, psychology, and spirituality including three years of a supervised practicum)

Certificate of Advanced Study in Applied Spirituality, Chestnut Hill College, Philadelphia, PA (This certificate consists of thirty credits above the master's level and has two particular foci: spirituality and psychology. Study included work in pastoral counseling, Christo-therapy, healing and forgiveness, bereavement, conversion and grace, as well as a supervised internship in an interdisciplinary setting.)

1976 Master of Science in Education, Temple University, Philadelphia, PA

1973 Bachelor of Arts, Psychology/Elementary Education, Moravian College, Bethlehem, PA

SPIRITUAL DIRECTION/APPLIED SPIRITUALITY EXPERIENCE

2016

Creator and Administrator of Advanced Training Program for Spiritual Directors in The Spiritual Exercises of St. Ignatius, Moravian Theological Seminary Continuing Education program, Bethlehem, PA.

Co-director and co-creator of Formative Spirituality Graduate Certificate Program, which includes a Graduate Certificate training program in Spiritual Direction Moravian Theological Seminary, Bethlehem, PA.

Teaching Associate and Supervisor, Formative Spirituality Certificate Program, Moravian Theological Seminary, Bethlehem, PA.

Spiritual Director in private practice since 1994, St. Francis Renewal Center, Bethlehem, PA including individual direction, weekend and extended retreats, and the 19th Annotation of St. Ignatius

2013

Founder, *International Day of Peace Lehigh Valley* [www.Facebook.com/PeaceDayLehighValley]
Webmaster, *Spiritual Directors of the Greater Lehigh Valley* [www.sdglv.org]

2010

Member of the Supervisory Team for Spiritual Direction Practicum since 1997, Chestnut Hill College, Philadelphia, PA (includes individual supervision of student directors in practicum, developing criteria for Spiritual Direction Program, and peer supervision of supervisors in program)

Coordinator of Spirituality Department and Instructor for Christian Prayer course for the ILM Program (Institute for Lay Ministry) in the Allentown Diocese. (a three year accredited program with an emphasis on spirituality and formation for adults; graduates are awarded a certificate in lay ministry)

Retreat presenter since 1996, St. Francis Center for Renewal, Bethlehem, PA

2008

Co-creator, co-coordinator, human development professional, and spiritual director for "Intensive Care" Holistic retreats. (individually designed, interdisciplinary retreats for those searching for healing, meaning, and God in the midst of life transitions and/or crisis)

Co-originator and co-coordinator of "The Next Step;" a program which offers Holistic Spirituality classes for professionals and lay people who are desiring to deepen their understanding of Christian Spirituality and taught by members of the Chestnut Hill College Faculty. These classes are held at St. Francis Center for Renewal.

Co-instructor, Moravian Theological Seminary Continuing Education Program, Bethlehem, PA, "Nurturing Spirituality in the Parish and Community"

2006

Co-instructor, Moravian Theological Seminary Continuing Education Program, Bethlehem, PA, "Holistic Evenings of Renewal for People in Ministry"

2005

Co-instructor, Moravian Theological Seminary Continuing Education Program, Bethlehem, PA, "Mother, Maiden, Crone"

2003 -2004

Presenter and group facilitator on "Praying Through the Crisis" at the Annual Conference for "Separated, Divorced, Widowed" in the Allentown Diocese

2001-2003

Project Rachel Counselor, Catholic Social Agency, Allentown Diocese

1998 - 2000

Assistant to the Coordinator of Spiritual Direction Practicum, Chestnut Hill College, Philadelphia, PA

Adjunct faculty, Holistic Spirituality Program/Graduate Division, Chestnut Hill College, Philadelphia, PA

Human Development Counselor with Kairos Counseling and Consulting Services, Schnecksville, PA

Psychotherapist /Spiritual Director on a team of interfaith/interdisciplinary professionals including clergy, spiritual directors, and therapists. Our mission was to offer education and renewal to Christians in ministry and to provide each other with a faith community for professional/personal support:

- ~ Co-planner and presenter of workshops in PA, MD, NY, and Ohio on "Preserving Intimacy while Respecting Boundaries" for clergy of the Moravian Church
- ~ Co-designer of holistic retreats for renewal, consultation/support during life transitions, and crisis counseling and assessments for Christians in ministry offered at St. Francis Renewal Center in Bethlehem, PA
- ~ Prepare psycho/social assessments and provide individual psychotherapy
- ~ Co-presenter on spiritual direction to ministerial associations
- ~ Co-presenter in Lutheran congregations for "Healthy Congregation" workshops in the Southeastern Pennsylvania Synod of the Evangelical Lutheran Church

1997

Co-presenter and group facilitator for an evening event during the commemoration of Women's History Month celebrating "Women and Spirituality," Chestnut Hill College, Philadelphia, PA

1996 -1997

Psychotherapist and Spiritual Director, Good Shepherd Church Renewal Center, Allentown, PA. I was a member of a team of professionals from the fields of medicine, psychology, psychiatry, spirituality, recreation therapy, and ministry who assisted members of the clergy and their families in regaining and maintaining balance in their lives:

- ~ Prepared psycho/social assessments and provided individual psychotherapy
- ~ Prepared spiritual assessments and provided individual spiritual direction of clients
- ~ Provided group spiritual direction for clients
- ~ Participated with professional staff in peer supervision

- ~ Facilitated group spiritual direction of residents with cerebral palsy at Good Shepherd extended care facility
- ~ Prepared and led worship services for clients and staff
- ~ Taught discernment to clients in individual and group settings
- ~ Taught the Enneagram to clients in individual and group settings

1996

Member of the Ad Hoc Committee for the evaluation of the Holistic Spirituality Program, Chestnut Hill College, Philadelphia, PA

Spiritual Director, Wernersville, PA, six to eight-day directed retreats

1990 -1996

Retreat team for adult days/evenings of reflection, St. Anne Parish, Bethlehem, PA included working with team of women religious and laity to coordinate and plan times of reflection as well as functioning as presenter, worship leader, and group facilitator

PROFESSIONAL DEVELOPMENT

2005

Three Experiences of Darkness: Desolation, the Dark Night, and Depression, two workshops in the study of discernment, Carolynne Ervin, MA; Maureen Conroy, RSM, DMin., St. Francis Center for Renewal, Bethlehem, PA

2003

Third Degree "White Light Reiki Training with Reiki Master, Barbara A. Christie from the JFK Medical Center, "The Gathering Place," Middletown, NJ

2002

The Guiding Night: Modern Perspectives on the Dark Night of the Soul, Workshop with Gerald G. May, M.D., hosted by Samaritan Counseling Center and Luthercare Counseling Services, Samaritan Counseling Center, Lancaster, PA

Second Degree "White Light Reiki Training with Reiki Master, Barbara A. Christie from the JFK Medical Center, "The Gathering Place," Middletown, NJ

2001

Project Rachel Training with Rev. Blair Paul Raum, Ph.D., D.Min., M.A., LCPC, Mary Immaculate Center, Northampton, PA

First Degree "White Light" Reiki Training with Reiki Master, Barbara A. Christie from the JFK Medical Center, "The Gathering Place," Middletown, NJ

1999

"Spiritual Discernment and the Divided Self - A Workshop on the Spiritual Exercises," with Brian McDermott, SJ and Gail O'Donnell, RSCJ, Wernersville, PA

Healing the Bereaved Child: A Growth-Oriented Approach to Caregiving, Workshop with Dr. Alan Wolfelt, Pennsylvania School Counselors Association, sponsored by the Connell Funeral Home, Bethlehem, PA.

1998

"The Spirituality of the Enneagram" Workshop with Virginia Sampson, SUSC, Chestnut Hill College, Philadelphia, PA

"Healthy Congregations" Facilitator Training Workshop with Dr. Peter Steinke, Daylesford Abbey, Paoli, PA (based on Bowenian theory of family systems)

Post-graduate independent study on Discernment and The Spiritual Exercises with Janice Edwards, RSM, D.Min.

1996

Workshop on "Discernment and Common Sense" with Thomas H. Green, SJ, Wernersville, PA,

TEACHING EXPERIENCE IN OTHER AREAS

1996 - 1999

Computer and Math Instructor, Grades K-8, Sacred Heart School, Bethlehem, PA

1986 -1988

Infant and preschool exercise and swim instructor, Bethlehem YMCA, Bethlehem, PA

1979 - Present

Co-parenting five children, current ages eighteen years to thirty years

1974 -1977

Coordinator and instructor of Adult Religious Education Program, Trinity United Church of Christ, Bethlehem, PA.

1973 -1979

Elementary education teacher, Grades 1-6, Bethlehem Area School District, Bethlehem, PA